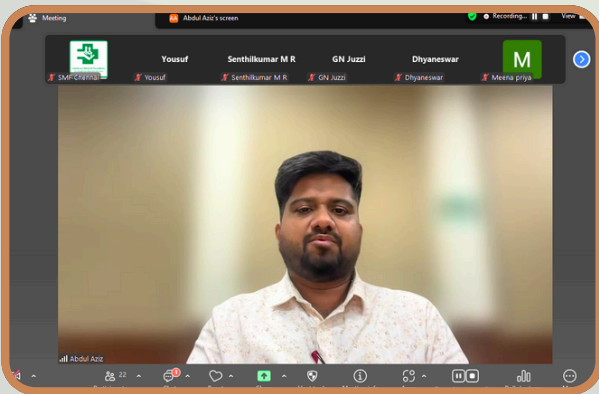


JUNE 2025

COMMUNITY SERVICE DEPARTMENT MONTHLY REPORT



MEDICAL CAMP @HIS /HER PLACE

The Rotary Club of Madras and Sundaram Medical Foundation joined together to organize a free medical camp on June 26, 2025, at His/Her Place, T.Nagar, Chennai **104 beneficiaries** were benefited in this camp.

The medical team comprised Dr. Amritha from General Medicine and Dr. Jibin from Family Medicine, along with nurses and social workers who delivered comprehensive care to the patients during the camp.



Total of
Rs.4,200
Worth of free
medicines distributed

"The camp offered free health checks, including BP, blood sugar, and hemoglobin tests, along with general health screening."

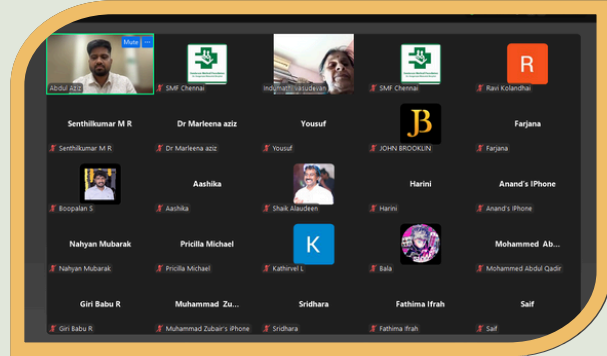


The medical team diagnosed and managed prevalent health concerns like heat-related illnesses, dehydration, water-borne diseases, and seasonal allergies. The camp also highlighted the significance of regular health check-ups and preventive measures to stay healthy during the monsoon-prone summer months.



SUPPORT THERAPY TO EDUCATE PEOPLE

**The Community Service Department of Sundaram Medical Foundation
organized a STEP Program On 28th June 2025, Saturday**



The session conducted by Dr. Abdul Aziz provided clear, updated insights on the current COVID-19 scenario in Chennai and India. It effectively summarized new variants, symptoms, government advice, and everyday precautions. The information was current, practical, and focused on empowering the public with facts and tools to manage COVID-19 as it transitions from pandemic to endemic.

A total of 44 participants attended the session, which was engaging and informative. The program provided a platform for participants to ask questions and seek clarification on various aspects of COVID - 19.

PLASTIC WASTE MANAGEMENT

Tamil Nadu Pollution Control Board (TNPCB) launched an awareness program to educate students about plastic's environmental impact. In support, Sundaram Medical Foundation's Community Service Department partnered with Bisleri CSR to implement Plastic Zero Waste Management, collecting 120 kg of plastic waste in June 2025."



YOGA SESSION

Sundaram Medical Foundation's Community Service Department organized yoga classes at the Adi Dravida Tribal Welfare School (SAP School) for students in grades 6-9. Guided by Mrs. Selvam, a CANSTOP volunteer, the sessions took place every Tuesday and Thursday, focusing on developing physical and mental wellness, and encouraging a balanced lifestyle among the young participants.



INTERNATIONAL YOGA DAY

The SMF Community Service Department commemorated International Yoga Day on June 19, 2025, at SAP School, with the enthusiastic participation of 150 students. The yoga session was led by esteemed instructors Mrs. Sowmiya Ramalingam from Art of Living and Mrs. Sumathi Srinivasan from AVM.



The event began with a talk by Ms. Selvam, a dedicated CANSTOP volunteer, who emphasized the importance of physical and mental well-being. As a thoughtful gesture, a small gift was distributed to all participating students.

Through this celebration, SMF promoted wellness, unity, and a strong sense of community among the students. The event concluded on a positive note, thanks to the combined efforts of the instructors, volunteers, and social workers.



FREE MEDICAL CAMP @SAP SCHOOL

On 18th June, 2025. A medical camp was Organized at SAP School, Adi Dravidar Tribal Welfare School, Thirumangalam, under Sundaram Medical Foundation's Adopt a School initiative (Sundaram Arogyam Plan). A multidisciplinary team-Dr. Priyadarshini (Pediatrician), Dr. Aparna (ENT), Dr. Meenakshi (Dentist), Mr. Gunaseelan (Optometrist), along with nurses and social workers- provided comprehensive care .

102 Students Benifited



Each student received personalized care and treatment based on their health issues, ensuring comprehensive healthcare support

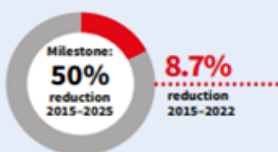
A team of specialists conducted health screenings and identifying

- 35 students with tooth decay (recommended fillings and further oral screening)
- 13 students with low vision (requiring further evaluation and support)
- The pediatrician provided comprehensive check-ups and treatment, while the ENT specialist offered expert care and guidance.

REACH FOUNDATION

WHO End TB Strategy: 2025 milestones

TB INCIDENCE RATE



NUMBER OF TB DEATHS



PERCENTAGE OF PEOPLE WITH TB FACING CATASTROPHIC TOTAL COSTS*



16 Beneficiaries accessed TB intervention services in June 2025.



CANSTOP PROJECTS



NUTRITION PROJECT

CANSTOP conducts regular visits to the Institute of Obstetrics and Gynaecology (IOG) and the Institute of Child Health and Hospital (ICH) three times a week - Tuesdays, Thursdays, and Saturdays. During these visits, CANSTOP provides crucial support to patients, focusing on nutrition counseling and ongoing guidance



***Tender coconuts worth Rs.23,678/- were distributed at IOG.
A Pediasure worth Rs.8,400/- was distributed at ICH***

ART & PLAY THERAPY

CANSTOP's play art and play therapy sessions at ICH bring joy to children undergoing treatment, as they engage in creative craft work and playful activities.



CANNEST HOME



In June 2025, CANNEST Home accommodated 310 families, providing a supportive environment and engaging activities for children, driven by the efforts of social workers and volunteers.

HOPE CHEST



Hope Chest

Sarees, Toys,
Bedsheets, Books,
Nighties, Pillows,
Petticoats, Tiffen Boxes,
Sandals, Kettles,
Slippers, Flasks,
Towels, Water bottles,
Toiletries, Kitchen utensils & appliances

Note: Make sure the items are in good condition

Join us and make your contributions to the cancer patients at Govt. Hospitals.

CANSTOP's Hope chest provides essential things for the cancer patients & their parents at IOG & ICH to lead their regular lives happily . In the month of June 2025, a total of 6 families got help from the Hope Chest.

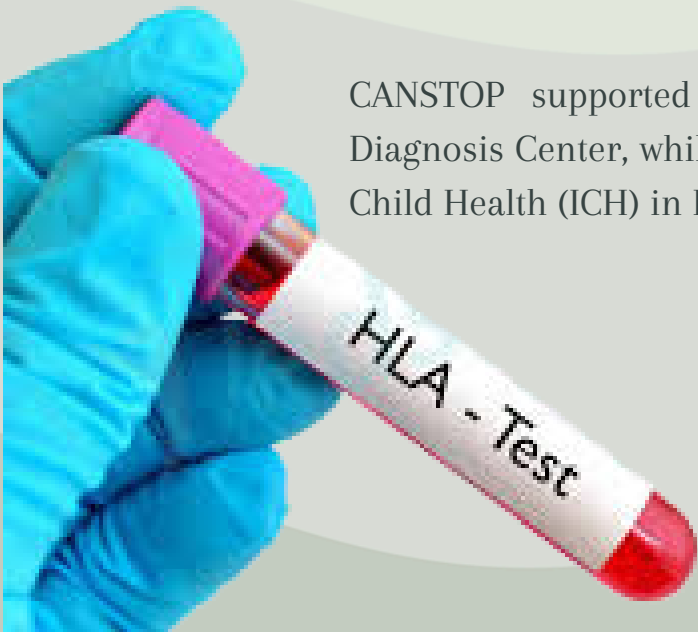


DRUG BANK



In the month of June, 2025. We provided emergency vaccine support to 6-year-old Master at ICH, covering the total cost of Rs. 4,299 & 11-year old Ms Gayathri at ICH, covering the total cost of Rs. 2,992. By providing critical vaccine support, we aim to protect the health and well-being of vulnerable individuals, especially children.

HLA TEST



CANSTOP supported Baby Ashwini's HLA test at Anderson Diagnosis Center, while she received treatment at the Institute of Child Health (ICH) in Egmore. The cost of the test was Rs 5,000.



SPONSOR DETAILS

S.No	Sponsors	Project	Amount
1	Ms Dayachand Malhotra	Cannest	20,000
2	Mr Anatharaman	Cannest	1,874
3	Ms Vijaya Mahendran	Cannest	1,000
4	Rotary Club of Chennai Mitra	WNTD	5,000
5	Rotary Club of Centennial Madras	WNTD	5,000
	Total		32,874

INKIND SPONSORS

IN - KIND SPONSORS			
S.NO	SPONSORS	PARTICULARS	WORTH IN RUPEES
1	Mrs Selvam	Garlic 1kg	900
2	T K Srinivasan	Vegetables	4000
3	Mrs Darshana	Oil 20 ltr, Moondal 10kg, Sambardal 10kg, Rawrice 25kg, Whiteurad gram 10kg, Idly rice 25kg	9000
4	Mrs Usha Kumari	Sugar 7Kg	350
5	Century Flour Mill	Soji - 25packets, Wheat flour - 25 packets	6925
6	Mrs Latha	Boiled rice	1500
7	Sheela	Boiled rice 50kg	2600
8	Chennai food Bank	Boiled rice 75kg	3500
	Total		28,775



VOLUNTEER CONTRIBUTION

The CANSTOP Team expresses sincere appreciation to our devoted volunteers, whose relentless dedication, unshakeable passion, and inspiring energy have fueled the success of our initiatives.

**VOLUNTEERS - MRS.ORIGANTI, MRS.SELVAM,
MRS.INDHUMATHI, MRS GRISHMA**

HELPLINE SERVICE

Totally **124** calls were received in the CAN-STOP Help line number

110 Calls for STEP Program

08 Calls for Counseling

06 Calls for Blood request at Government Hospital



**For more information
contact us through:**

044-26284256 /9941007688



**For your kind contribution:
CAN-STOP is eligible for 50%
Tax Exemptions under Section
80G of Income Tax Act.
Cheques can be drawn in favour
of CAN-STOP**

